

2026

Nash Women's Center

Breastfeeding Classes



This class is designed to educate mothers about the basic techniques they can use to enjoy a positive breastfeeding experience with their baby.

Classes will be available every month, alternating between in-person sessions and virtual meetings via the Webex application. These classes will be led by Shannon Morgan, RN, BSN, Lactation Consultant, along with her dedicated Lactation team.

Open to pregnant women, new mothers and babies, and their supportive loved ones.

VIRTUAL DATES

JANUARY 22

MARCH 26

MAY 28

JULY 30

SEPTEMBER 24

NOVEMBER 19

IN-PERSON DATES

FEBRUARY 26

APRIL 30

JUNE 25

AUGUST 27

OCTOBER 29

DECEMBER 17

UNC HEALTH[®]
Nash

Women's Center



To register, please email, call or scan QR code:



NashWomensCenter@unchealth.unc.edu



(252) 962-BABY (2229)