

*Nash Women's Center*

# BREASTFEEDING CLASSES

This class is designed to educate mothers about the basic techniques they can use to enjoy a positive breastfeeding experience with their baby.

**UNC**  
**HEALTH**  
**Nash**

Classes will be offered in person and virtually through the Webex application. Upon registration, you will receive a link to join the Webex class.  
Led by Shannon Morgan, RN, BSN, Lactation Consultant

## VIRTUAL DATES

## IN-PERSON DATES

JANUARY 23, 2025

FEBRUARY 27, 2025

MARCH 27, 2025

APRIL 24, 2025

MAY 29, 2025

JUNE 26, 2025

JULY 31, 2025

AUGUST 28, 2025

SEPTEMBER 25, 2025

OCTOBER 30, 2025

NOVEMBER 20, 2025

DECEMBER 18, 2025

Open to pregnant women, new mothers and babies, and their supportive loved ones.



**All classes are  
7pm to 9pm**

To register, please call or email:

(252) 962-BABY (2229)

[nashwomenscenter@unchealth.unc.edu](mailto:nashwomenscenter@unchealth.unc.edu)